



## Welcome to our February 2023 Newsletter



My name is Julie Nelson. I am the new Depute Head of Centre at Lairdsland Early Years Centre. I would like to take this opportunity to say hello to all our families. I have met and spoken with quite a few of our parents and grandparents and look forward to getting to know all of you.

### Welcoming Parents

Parents are welcomed into the centre throughout the day. Parents can come into the centre and walk their child to their pegs and playroom every day. Please sign your child in and out of nursery daily.

Most children have settled back into nursery life and some children are settling into their new nursery environment. Children have been exploring outdoors, indoors and the courtyard area. Practitioners are supporting children with their independence skills at mealtimes and throughout the day as they play. Practitioners observe and follow children's interests to provide experiences that develop children's problem-solving skills and support their independent choices. Practitioners provide opportunities for **Responsive and intentional planning**: informed by the child's **actions**, **emotions** and **words**. (Realising the Ambition 2020)

Children have opportunities to experience; sand, water, paint, playdough, puzzles, games, stories, songs and rhymes and imaginative play. Children take part in daily energetic physical activity in our unique setting.

# Being physically active supports children to learn about themselves and the world around them. It helps them to develop healthy bodies and minds as well as the personal and social skills they need.

My Active World (Care Inspectorate:2022)

Aim for at least 180 minutes' physical activity per day for children 1-5 years. Every movement counts. (Uk Chief Medical Officers' Physical Activity Guidelines, 2019)

#### PAThS Programme: Promoting Alternative Thinking Strategies

PAThS, is designed to facilitate the development of self-control, emotional awareness and problem-solving skills. Pre-school children can take part in our PAThS programme. We will introduce PAThs this month. Look out for more information.

#### In-Service Day

Lairdsland Early Years Centre will be closed on Wednesday 15<sup>th</sup>. Practitioners will be involved in continuous professional development opportunities.

#### **Safeguarding**

Children should not be encouraged to press the green buttons when leaving nursery. We would like to ask for parents to press the green buttons to exit nursery. When entering and leaving our centre please close the door and gate behind you. Thank you

#### Treat fund

Thank you for your support and donations for the treat fund, your donations have allowed many exciting activities and experiences for the children. Treat fund supports baking and snack goods and supports different learning opportunities. Treat fund donations can be given to Fiona in the office. The fund can be paid on a weekly, termly or on an annual basis.

#### Accident/incidents being recorded on Learning Journals

Accidents/incidents are recorded on your child's learning journal. When the form has been filled out you should receive an email to alert you. On reading the form you will be asked to confirm that you have acknowledged this.

If you are having any problems logging onto learning journals or the use of learning journals, please email the office on eyc@lairdsland.e-dunbarton.sch.uk and one of our seniors will try and assist you.

#### **Clothing**

Children love to access the outdoors and courtyard space in nursery. The weather is still very changeable and cold and wet. Please ensure your child is appropriately dressed for the weather. Please put your child's name on all items of clothing. This helps staff to identify children's clothing, wellies and waterproofs. Thank you.

Activity should be a regular part of the child's daily life, where they "will be encouraged to wiggle, giggle and fidget if they need: to walk on uneven lines; and even bounce, shake and slouch from time to time, since that's what children are biologically engineered to do". (Sahlberg and Doyle, Let the Children Play)