

Health and Wellbeing

Home Learning Activities Primary 2

Physical Wellbeing	Balloon Games	http://www.greatgrubclub.com/domains/greatgrubclub.com/local/media/downloads/BalloonGames_1.pdf
	Road Safety – Be Bright Be Seen	https://www.think.gov.uk/resource/be-bright-be-seen-game/
	Major organs of the human body	https://www.bbc.co.uk/bitesize/clips/zsw39q
	Spot the danger	https://lifeliveit.redcross.org.uk/Stay-safe/Activity-spot-danger
Mental Wellbeing	Make a leaf mask	http://www.greatgrubclub.com/domains/greatgrubclub.com/local/media/downloads/Leaf_mask_2.pdf
	Children’s rights	https://www.bing.com/videos/search?q=UNCRC+child+friendly&adlt=strict&view=detail&mid=6F9AFC64F3581AE539856F9AFC64F3581AE53985&&FORM=VRDGAR Watch and discuss.
	The Lonely Monster	https://www.youtube.com/watch?v=Jdj1_TQbIYI&feature=youtu.be Watch and discuss.
	The Friendship Code	https://www.bbc.co.uk/bitesize/clips/z6jqhyc Write your own friendship code.
Food Technology	Healthy Eating	http://resources.hwb.wales.gov.uk/VTC/healthy_eating/eng/Introduction/default.htm
	Berry Messy!	http://www.greatgrubclub.com/domains/greatgrubclub.com/local/media/downloads/berry%20mess-strawberry%20salad.pdf
	Food waste	https://www.bbc.co.uk/bitesize/topics/zjr8mp3/articles/zyjytrd

